

# School of Public Health Summer Institute of Advanced Epidemiology and Preventive Medicine

# 5<sup>th</sup> Annual Summer Institute of Advanced Epidemiology and Preventive Medicine

July 10-22, 2016

Student Handbook 2016

# STUDENT HANDBOOK

# THE SUMMER INSTITUTE OF ADVANCED EPIDEMIOLOGY AND PREVENTIVE MEDICINE

July 10-22, 2016

#### **Program Directors**

Dani Cohen, PhD, MPH Tamy Shohat, MD, MPH Jonathan Zenilman, MD

Co-Director Co-Director Co-Director

School of Public Health Schools of Medicine and Public Health

Tel Aviv University Tel Aviv University Johns Hopkins University

#### **Contact Information**

Ms. Zoe Blatt or Mr. Michael Brik Program Coordinators, Summer Institute of Advanced Epidemiology and Preventive Medicine p: +972 (3) 640-8572

e: summersph@post.tau.ac.il

Summer Institute / School of Public Health



# **Table of Contents**

| 2016 Program Information          | 3  |
|-----------------------------------|----|
| Course Schedule                   | 4  |
| General Background                | 5  |
| <u>Useful Information</u>         | 6  |
| Travel Documents and Arrangements | 9  |
| Packing Essentials                | 10 |
| Health Insurance                  | 11 |
| <u>Academics</u>                  | 11 |
| <u>Payment</u>                    | 12 |
| Campus Life                       | 13 |
| <u>Housing</u>                    | 15 |
| <u>Transportation</u>             | 16 |
| Life in Tel Aviv                  | 17 |

# **Program Information**

#### THE SUMMER INSTITUTE

The <u>Summer Institute of Advanced Epidemiology and Preventive Medicine</u> at Tel Aviv University (TAU) is an exciting opportunity for health professionals, scholars, and students from around the world to interact and learn from one another. Participating faculty and students come together to share professional experiences, study, discuss, and research disease and medicine.

The <u>2016 Summer Institute</u> courses are taught in English by world-renowned faculty from Johns Hopkins University (JHU), Tel Aviv University (TAU), Harvard University (HU), University of Maryland, Baltimore (UMB), Northwestern University (NU), University of British Columbia (UBC), World Health Organization (WHO), United States Centers for Disease Control and Prevention (CDC), and other academic and research institutions.

#### **Application**

Applications are welcome from:

- Graduate (MPH and MSc in Epidemiology students, MD and PhD candidates) and qualified undergraduate students
- Medical professionals interested in developing advanced skills in Epidemiology and Preventive Medicine
- Others with special interest in Epidemiology and Preventive Medicine

Application Deadline: May 1, 2016 (Applicants are evaluated on a rolling admissions basis. Note that

there are limited places in each course.)

**Application Fee:** \$60 non-refundable

Course Tuition: One Course: \$900 | Two Courses: \$1,700 | Three Courses: \$2,500 | Four

Courses: \$3,300

Confirmation Fee: \$500 by June 1, 2016 (Accepted applicants must submit a Confirmation Fee in

order to secure a place within the course. The Confirmation Fee will be applied

towards Course Tuition.)

Tuition Deadline: June 15, 2016

#### International Students

Participants must obtain a B/2 Visitor's Visa (valid for 3 months). For further information, see <u>Travel Documents and Arrangements</u>.

#### Housing

A limited number of on-campus guest rooms will be available for program participants if needed. Please contact the Program Coordinator (<a href="mailto:summersph@post.tau.ac.il">summersph@post.tau.ac.il</a>) to reserve a room as soon as possible. Deadline to reserve on-campus housing is **June 1, 2016**. For further information, see <a href="mailto:Housing.">Housing</a>.

#### **FAQs**

Click here to view FAQs.



#### **Course Schedule**

08:30-13:00

Click course title/ lecture names for course descriptions/lecturer bios.

#### Week 1: July 10-14, 2016 (Final Exam: July 15)

| 08:30-13:00 | Intermediate Observational Epidemiology   |  |  |  |
|-------------|---|--|--|--|
|             | Lecturer: Moyses Szklo (JHU) / Credits: 2 / Pre-requisites: Basic courses in Epidemiology |  |  |  |
|             | & Statistics  |  |  |  |
|             |   |  |  |  |
| 14:00-18:30 | Tobacco Control for the 21st Century: The Importance of Science and Informed              |  |  |  |
|             | Policy Making   |  |  |  |
|             | Lecturers: David Abrams (JHU) and Leah Rosen (TAU) / Credits: 2 / No pre-reqs             |  |  |  |
|             |   |  |  |  |
| 14:00-18:30 | Selected Topics in Infectious Diseases and Vaccines                                       |  |  |  |
|             | Lecturers: Dani Cohen (TAU), Myron M. Levine (UMB), Elizabeth Miller (TAU, LSHTM),        |  |  |  |
|             | Anne Rompalo (JHU), Jonathan Zenilman (JHU) / Credits: 2 / No pre-regs                    |  |  |  |

#### Week 2: July 17-21 (Final Exam: July 22)

**Environment and Health: Exposures from Transportation and Urban Form** 

| Lecturers: Michael Brauer (UBC), Chava Peretz (TAU), and others / Credits: 2 /        |
|---|
| Pre-requisites: Statistics & Epidemiology   |
|   |
| Nutrition and Public Health   |
| Lecturers: Dorit Nitzan (TAU, WHO), Rebecca Goldsmith (MOH), Kathleen Abu-Saad        |
| (TAU), Elliot Berry (HUJI) / Credits: 2 / Graduate students enrolled at TAU School of |
| Public Health are not eligible to receive credits for this course / No pre-reqs       |
|   |
| Healthcare Quality: Patient Centered Care and Patient Experience                      |
| Lecturers: Ronen Rozenblum (HU), Eyal Zimlichman (TAU), Anat Ekka Zohar (MOH), and    |
| Ariane Marelli (McGill University) / Credits: 2 / No pre-reqs                         |
|   |



# General Background

#### SCHOOL OF PUBLIC HEALTH

The mission of the <u>School of Public Health</u> at Sackler Faculty of Medicine at Tel Aviv University is to improve the public's health through learning, scientific research, and communication. To achieve this goal, the School provides the highest level of education and research opportunities to public health scientists, medical practitioners, and leaders.

Through a commitment to education, innovation, leadership, and research, the School's priorities are to shape new ideas in the field and communicate them effectively in order to positively serve the changing health needs of Israel and the world.

The School's multidisciplinary approach encompasses knowledge and expertise of faculty and students across many academic disciplines including biological, quantitative, and social sciences, as well as fostering key collaborations with other academic institutions in Israel and abroad, hospitals, clinics, HMOs, and several world-renowned research institutes.

#### SACKLER FACULTY OF MEDICINE

The <u>Sackler Faculty of Medicine</u> is Israel's largest institute of higher medical education. The Faculty consists of six schools: The School of Medicine, The School of Dental Medicine, The School of Continuing Medical Education, The Graduate School, The School of Public Health, and The School of Health Professions. The Sackler Faculty of Medicine is committed to excellence. It is the Faculty's priority to develop the skills of all our students to continue learning, and thus reach their maximum potential.

#### **TEL AVIV UNIVERSITY**

<u>Tel Aviv University</u> (TAU) is Israel's largest academic institution. Its faculty includes nationally and internationally renowned scholars and scientists, many of whom are leaders in their fields. TAU is a major center of teaching and research and is composed of nine faculties, 106 departments, and 90 research institutes. There are currently approximately 30,000 students studying at the University in various degree programs.

TAU was founded in 1956 when three smaller education units - the Tel Aviv School of Law and Economics, the Institute of Natural Sciences, and the Institute of Jewish Studies - joined together to form a comprehensive university.

Today, TAU offers an extensive range of degrees in the arts and sciences, within its Faculties of Engineering, Exact Sciences, Life Sciences, Medicine, Humanities, Law, Social Sciences, Arts, and Management. The original 170-acre campus has been expanded to include an additional 50-acre tract, now being developed.

# **Useful Information**

#### MONEY AND CURRENCY

Currency: New Israeli Shekel (NISID) Foreign Currency Exchange Rates

**Credit Cards:** You can use your ATM card to obtain Shekels at ATM's throughout Israel. You can also use American Express, MasterCard and Visa cards at most Israeli hotels, restaurants, and stores. Be sure to notify your credit card company that you will be traveling to Israel and ask about foreign transaction and withdrawal fees.

Cash: Foreign currency can be converted at any bank or "Change" store.

**Taxes:** The Value Added Tax (VAT) is 18%. VAT is waived for tourists at hotels, tour companies, and car rental agencies. <u>Information on Tax Refund</u>

#### MOBILE PHONE SERVICES

Israeli SIM cards can be purchased at the airport or phone stores. Be sure your mobile phone is unlocked by your current provider. Please note that Israeli law forbids signing long-term commitments with communication service providers. Some Israeli mobile service providers are: Cellcom, Orange, Pelephone, Golan Telecom, HOT Mobile.

#### TELEPHONE NUMBERS

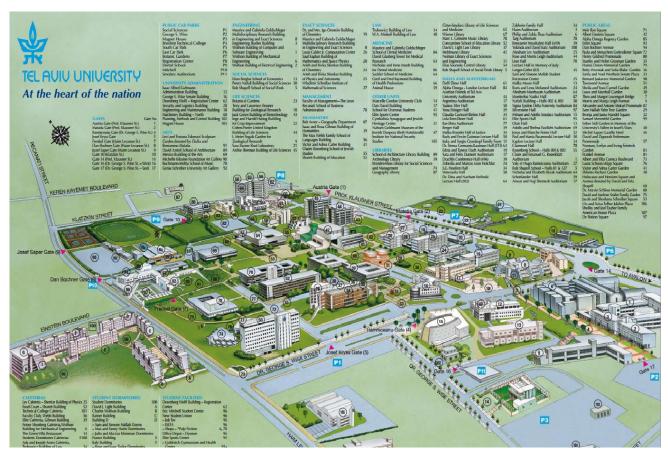
| Police                                   | 100           |
|--|---------------|
| Ambulance (Magen David Adom)             | 101           |
| Fire Department                          | 102           |
| Electric Company                         | 103           |
| Tel Aviv Municipality                    | 106           |
| Health Insurance Helpline                | 1-800-260-660 |
| Ichilov Hospital/Sourasky Medical Center | 03-697-4444   |

#### **TAU Contacts**

| Summer Institute Coordinators            | 03-640-8572  |
|--|--------------|
| Tel Aviv University International Office | 03-640-8118  |
| University Security                      | 03-640-5555  |
| First Aid - Nurse                        | 03-640-8666  |
| Psychologist (on campus)                 | 052-671-0409 |



### **CAMPUS MAP**



Virtual Campus Tour
Campus Map
Campus Map PDF

Gate 1: Sackler School of Medicine

Gate 4: Entrance to TAU from Broshim Apartments

Gate 7: Main Entrance to TAU

#### MAP OF TEL AVIV

#### **Google Maps**

Tourist Israel / Tel Aviv Neighborhoods



- 1. Ramat Aviv (Tel Aviv University)
- 2. Old North
- 3. Ben Gurion, Gordon, Frishman
- 4. Rabin Square
- 5. City Center (Lev Hair)
- 6. Neve Tsedek
- 7. Florentine
- 8. Yafo

# **Travel Documents and Arrangements**

#### **VISA**

Please check specific **B/2 Visitor's Visa** requirements pertaining to your home country: <u>Tourist Visa</u> <u>Requirements by Country</u>. If your home country requires a visa to enter Israel, you should apply for one as soon as possible to avoid any unforeseen delay. Please notify the Program Coordinators (<u>summersph@post.tau.ac.il</u>) if you need an official Letter of Payment Confirmation for your visa application.

A B/2 visa is granted to someone who wishes to stay in Israel for only a short time. A B/2 visa is valid for up to three months from the date of issue. In order to extend the visit, you must submit an application at the Ministry of the Interior. A person who enters Israel on a B/2 visa is not allowed to work or study for an extended period of time in the State of Israel.

For more information, please visit the following links:

<u>Ministry of Foreign Affairs - Tourist Visa Information</u> List of Israeli Consulates Worldwide

#### **PASSPORT**

To enter Israel, a passport <u>valid for a minimum of six months from the date of entry</u> is required. If you do not have a valid passport, apply for one immediately. If you hold an Israeli passport, you are required to present it upon arrival.

#### FLIGHT + BAGGAGE

Students are responsible for making their own travel arrangements. Please contact the airline operator regarding baggage regulations.

#### ARRIVAL + DEPARTURE

Students are responsible for travel arrangements to/from the airport.

Transportation from Ben Gurion Airport:

- Taxi: The taxi queue is located outside the Arrivals area. Only accept taxi service from those in the designated queue. The fare to Tel Aviv is approximately 130-160 NIS (the price will be higher on Friday night and Saturday). If you ask a taxi driver to turn the meter on, s/he is required by law to do so; if s/he claims the meter is broken, get a new taxi. Taxi drivers do not expect to be tipped.
- **Train:** The Train Station is located just outside the main doors of the Airport Terminal. Train tickets can be purchased from automated ticket machines. Please note, there is very limited train service on Saturday. For information on schedules and fares, please visit: <a href="Israel Railways Website">Israel Railways Website</a> or call Israel Railways Information Services at 03-6117000.

For additional information on transportation to/from Ben Gurion Airport, please visit: <u>Israel Airports</u> <u>Authority Website</u>.



# **Packing Essentials**

#### **CLOTHING**

On-campus dress is fairly casual. Most students attend classes and campus events in jeans and T-shirts. Women may want to bring modest attire (skirts or dresses that cover the shoulders and knees) for visits to religious sites in Israel. Both women and men should plan to bring semi-formal attire for professional meetings and networking, special occasions and nights out.

Most of the year is warm or even hot. During the hot summer months, the traditional casual dress code becomes even more relaxed. If you are sensitive to air conditioning, make sure to pack a few sweaters or a shawl. In the winter, warm clothing is necessary, as many buildings are neither centrally heated nor well insulated.

#### COSMETICS AND TOILETRIES

Cosmetics, toiletries, and other personal supplies are readily found in Israel, although they might be more expensive than in your hometown, and specific brands are not always available.

#### **MEDICATION**

If you are taking prescription medication, you should bring a supply to last the entire time you are in Israel. It is also recommended that you bring a printed prescription in case it needs to be refilled. Since not all medicines in Israel are available under the same brand names as in your home country, it is essential that the generic name is provided for reference by a local doctor or pharmacy. Medication purchased over-the-counter in your home country may not be available over-the-counter in Israel.

#### **ELECTRICAL APPLICANCES**

The electric current in Israel is 220 volts, C, single phase, 50 Hertz, the same as in Europe. Most Israeli sockets are three-pronged but most accept European two-pronged plugs. If your appliance does not work on 220 volts, you will need an adaptor. Some appliances cannot be converted. Be sure to check with an authorized electronics dealer for detailed information. Students are responsible for bringing or purchasing their own electrical adaptors.



## Health Insurance

Click here for information on Health Insurance.

Required documents: Health Declaration Form.

#### PERSONAL HEALTH INSURANCE

TAU suggests that students consider carrying private comprehensive health insurance. In the event that a medical need arises that is excluded by the policy, such as a pre-existing condition or prescriptions, your insurance may enable you to recover those costs. Please make sure that you have insurance coverage that is effective throughout Israel if you plan on being in the country before the program begins.

#### **HEALTH TIPS**

It is extremely hot during the summer, so it is important to prevent dehydration and heat-related illnesses. It is advised to use sun protection. You may want to bring sunscreen, since certain brands may not be available in Israel or may be significantly more expensive. It is important to stay well hydrated.

If you are taking prescription medication, you should bring a supply to last the entire time you are in Israel. See Packing Essentials - Medication.

# **Academics**

#### **ACCREDITATION**

For FFELP purposes, Tel Aviv University is registered with the Department of Education (Title IV Code 008373-00 or electronic G08373). TAU is accredited by the Department of Education and the Council for Higher Education in Israel.

#### SPECIAL ACCOMMODATIONS

In accordance to University guidelines, students with learning disabilities or special needs must bring official documentation from their home country/university (translated into English by notary) and should be in touch with the program coordinator regarding any specific needs they have.

#### **DIPLOMAS AND TRANSCRIPTS**

All students (credit and non-credit participants) will receive a diploma on the last day of the course as long as all course requirements are fulfilled and all financial obligations are met.

Transcripts/grade sheets will be sent to students (for-credit participants) following completion of the program via email and mail to the address provided during registration.



#### **GRADING SYSTEM**

To receive academic credit for the course, participants must pass the final exam with a grade of at least 60 (D). Non-credit participants are not required to take the final exam. Please note, the Summer Institute is not responsible for converting grades to other University scales.

The Summer Institute uses the following grading system:

| A+ | 97-100% | C+ | 77-79% | D-  | 60-62%                        |
|----|---------|----|--------|-----|-------------------------------|
| Α  | 93-96%  | С  | 73-76% | Р   | Pass (Grade of 70% or higher) |
| A- | 90-92%  | C- | 70-72% | W   | Withdrawal                    |
| В  | 83-86%  | D+ | 67-69% | W/F | Withdrawal with Failure       |
| B- | 80-82%  | D  | 63-66% | INC | Incomplete                    |

#### **INCOMPLETE COURSES**

Students who fail to complete the course requirements will receive an incomplete (INC) on the transcript and will not receive a diploma.

#### **DISCIPLINARY MATTERS**

Plagiarism and other violations of the University's Student Conduct Guidelines are taken very seriously. Tel Aviv University reserves the right to dismiss any student whose conduct or academic standing warrants such action.

# **Payment**

Payments can be made through <u>TAU International Student Portal</u> with major credit cards (Visa, MasterCard, American Express). Your online account profile serves as your bill and record of payment.

All fees are due by <u>June 15, 2016</u>. Students may not participate in the program or enter the dormitories unless tuition has been paid in full.

**Application Fee:** \$60 non-refundable deposit

Course Tuition: One Course: \$900

Two Courses: \$1,700 Three Courses: \$2,500 Four Courses: \$3,300

**Confirmation Fee:** \$500 by June 1, 2016. Confirmation Fee will be applied towards Course

Tuition.

Tuition Deadline: June 15, 2016

Optional On-Campus Housing: See Housing.



#### **REFUND POLICY**

- The Application Fee (\$60) is non-refundable.
- If you withdraw before <u>June 21, 2016</u>, we will refund the Course Tuition minus Confirmation Fee (\$500).
- If you withdraw after the Summer Institute officially begins on <u>July 12, 2016</u>, no refund will be provided.
- Housing: If the student leaves the dormitory prior to the end of the course, they will be charged
  the entire fee for the duration of the course.

# Campus Life

#### TAU CAMPUS

Tel Aviv University is located in the heart of Israel's coastal region. The 220 acre campus is located Ramat Aviv, north of downtown Tel Aviv. Tel Aviv University's proximity to the cultural and commercial capital of Israel allows students to absorb the best of Israeli society.

#### SAFTEY AND SECURITY

The safety of our students is our highest priority. Students are required to show their Student ID at all gates to the University and may have their personal bags searched. Students are advised to carry some form of government-issued photo identification in addition to the Student ID at all times. International students may want to also carry a photocopy of the first page of their passport.

The University's Security Department maintains close contact with government security agencies. Tel Aviv University employs a network of security personnel covering all campus entrances and patrolling throughout the campus 24 hours a day.

#### **CAMPUS MAP**

Virtual Campus Tour
Campus Map
Campus Map PDF

Gate 1: Sackler School of Medicine

Gate 4: Entrance to TAU from Broshim Apartments

Gate 7: Main Entrance to TAU

#### **LIBRARIES**

Summer program participants have access to the University's general and professional libraries. Click here for a complete list of libraries on-campus.



#### INTERNET ACCESS

Wireless internet is available on campus. All libraries have designated computer labs for students. All the computers used at TAU are PC compatible. Laptops must be compatible with 220 volts.

Free Wireless Login: free-tau

Password: free-tau

#### SCHOOL AND OFFICE SUPPLIES

All necessary school supplies (pens, notebooks) can be purchased at the Student Center and Book Store (Gate 7).

#### **ON-CAMPUS FOOD**

There is a Cafeteria in the lobby of Sackler School of Medicine, School of Public Health. Other options include:

- Aroma: Café Restaurant (Diaspora Museum, next to TAU International Offices)
- Food Court: McDonalds, Salads (Sharet Building)
- KaKao: Coffee Shop, Hummus, and Snacks (Law faculty across from Sharet Building)
- Webb Building: Branch of Sbarro, Sandwiches, Salads, Snacks, etc.
- King George: Restaurant and Bar (TAU main gate, p: 03-5290202)

#### **GREEN CAMPUS**

TAU was accredited as a "green campus" by the Israeli government in 2011. The accreditation is awarded to Israeli universities that implement programs in three key areas: academic degrees and courses in environmental studies (given by the Porter School of Environmental Studies), heightened resource efficiency through recycling and reduction of electricity and water use, and community-related projects that strengthen environmental awareness both on campus and off. Among the green innovations at TAU are more energy efficient lighting, the "Nature Campus" educational initiative, stands for the city of Tel Aviv's new bicycle rental system, and a comprehensive plan for campus bicycle paths. TAU's support for sustainable projects on campus is further underscored by the Porter School of Environmental Studies' EcoBuilding. The EcoBuilding is designed to meet the highest standards of green building, and will demonstrate innovative environmental technologies.

# Housing

#### **ON-CAMPUS**

A limited number of on-campus rooms will be available for program participants upon request. Rooms are reserved for the entire duration of the course (Saturday-Saturday, 7 nights). Please contact the Program Coordinator (<a href="mailto:summersph@post.tau.ac.il">summersph@post.tau.ac.il</a>) to reserve a room no later than June 1, 2016.

**Broshim Apartments:** The Broshim Guest Apartments are conveniently located within walking distance from the Tel Aviv University campus (approximately 10 minute walk to Sackler Medical School).

Each guest room is fully furnished and includes a full bathroom, kitchen (appliances + utensils), towels, bed linens, air conditioning, Wi-Fi, and cable TV. The Broshim Apartment Complex includes several restaurants (falafel, pizza, hamburgers), Aroma café, grocery store, beauty salon, self-service laundry, and more.

On-campus Housing cost:

- Single studio apartment: \$430\*
- Studio apartment for couple/roommate: \$260 per roommate\*
- \* Rooms are booked only for duration of the course (Saturday-Saturday, 7 nights).

#### **OFF-CAMPUS**

**Apartments:** Many participants choose to find short-term apartment rentals in the center of Tel Aviv. Be sure to make all arrangements in advance. Some helpful sites: AirBnb, TelAviv4Rent, Craigslist TLV Sublet/Temporary, Craigslist TLV Vacation Rentals

**Hotels:** Local hotels offer fair rates for extended stays. Some helpful sites: Expedia, Kayak, EasyToBook

# **Transportation**

#### **BUS**

Public buses are a convenient mode of transportation throughout Tel Aviv. Each ride costs approximately 6.90 NIS.

#### Dan Buses

Sun-Thurs: 5:30 am-midnight Fri: 6:00 am-3:00 pm

Sat: End of Shabbat-midnight

#### **Egged Buses**

Sun: 6:30am-11:00 pm

Mon-Thurs: 7:00 am-11:00 pm

Fri: 8:00 am-3:00 pm

Sat: End of Shabbat-midnight

| Bus#   | Destination   | Company     |
|--------|---|-------------|
| 24, 25 | Center, Market, Allenby St., Rothschild St., Dizengoff Center | Dan         |
| 171    | Azrieli Center, Central Bus Station                           | Egged       |
| 7      | TAU Train Station, Arlozorov Train/Bus Station                | Dan         |
| 274    | Azrieli Center  | Egged       |
| 289    | Ibn Gvirol, Rabin Square                                      | Dan         |
| 90     | Herzliya: Arena Mall/Marina, Herzliya Pituah                  | Metropoline |
| 480    | Jerusalem Central Bus Station                                 | Egged       |

**Sherut** is another mode of public transportation. It is a combination between a taxi and a small bus. Each ride costs 6-10 NIS. Sherut number: 4x (Four Aleph) goes to/from the University and the City Center (Mercaz).

#### TRAIN

The TAU Train Station is approximately a 30 minute walk from campus. Bus #289 also stops at the station. For schedules, please visit: <a href="Israel Railways Website">Israel Railways Website</a>.

Sun-Thurs: 6:00 am-11:00 pm

Fri: 6:00 am-3:00 pm

Sat: End of Shabbat-11:00 pm

#### **GREEN BIKES**

You can find information on how to rent a bike and how to return it, rates and subscription schemes, view the map of rental stations, find out about riding gear and even read up tips on riding, routes around town and more. For more information, please click here.

#### **TAXI**

Taxi drivers are required by law to turn the meter on upon request of the customer. If the driver claims the meter is broken, get a new taxi. *Taxi drivers do not expect to be tipped.* Taxis can be ordered with the Get Taxi App on Smartphones. Palatin Taxi (p: 03-6214621), Castel Taxi (p: 03-6994242)



#### **DRIVING IN ISRAEL**

Students holding a valid foreign driver's license should be able to rent and drive cars in Israel. Many rental companies are located on Hayarkon Street + Frishman. Students may also consider signing up for a car sharing service such as <u>Car to Go</u>.

#### Distance between major cities

Tel Aviv to Jerusalem 37 miles, 50 minutes
Tel Aviv to Tiberias/Galilee 81 miles, 100 minutes
Tel Aviv to Masada 63 miles, 90 minutes
Tel Aviv to Haifa 90 miles, 70 minutes
Jerusalem to Tiberias 109 miles, 120 minutes
Jerusalem to Masada 56 miles, 90 minutes

## Life in Tel Aviv

#### **ABOUT TEL AVIV**

Tel Aviv celebrated its centennial in 2009, having been founded during the Ottoman Empire's reign in 1909. The first modern Hebrew-speaking city, the name Tel Aviv is derived from the Hebrew word *Tel*, an archaeological term for an area where the strata of old cities are laid atop of one another, and the word *Aviv*, which means spring. The name is meant to represent rebirth.

Just south of Tel Aviv is the city of Jaffa - a city whose foundations date farther back than those of Jerusalem, and hosts the oldest operating port in the world. In the early 1900s, a group of Jewish residents chose to leave the city of Jaffa in order to establish a new neighborhood just outside the city's borders. This area became the first neighborhood of Tel Aviv.

With the influx of Jewish immigrants from Europe in 1924-1939, Tel Aviv became Israel's major center of commerce, culture, and arts. In 1950, Tel Aviv and Jaffa merged to form one municipality, known today as Tel Aviv-Yafo.

Tel Aviv and the surrounding areas (known as *Gush Dan*) comprise approximately 2.5 million citizens, which is about one third of Israel's population. While the actual population within the city's limits is around 350,000, over one million people commute to Tel Aviv each day.

The Tel Aviv of today has maintained its distinction as the cultural and economic hub of the country. The city boasts a plethora of restaurants, beaches, museums, movie theaters, outdoor cafés, markets, boutique shops, bars, and clubs. This combination has attracted the nation's youth and young professional crowd in droves, thus earning the reputation as Israel's city that never sleeps and a major tourist destination along the Mediterranean coast.

#### **BEACHES**

Tel Aviv has excellent public beaches with changing rooms, restrooms, and cafés. Beach chairs and umbrellas are available to rent. For more information, please visit: Tel Aviv Beaches.



#### LOCAL ATTRACTIONS

- The Safari Park: Spacious safari park with zoo and petting corner in Ramat Gan (p: 6312181)
- Israel Tennis Center, Ramat Hasharon (p: 03-6456666)
- Eye On Israel: Map of Israel, including tourist sites and attractions
- For additional Tourist information, see Additional Online Resources.

#### PUBLIC SPORTS FACILITIES

Park Hayarkon is one of Tel Aviv's largest public park and is within walking distance of the University. There are picnic areas, gardens, a man-made lake, a bicycle path along the Yarkon River, boat rentals (paddle boat, canoe, and kayak), a small children's zoo, and more. Park Hayarkon's Sports Center: Sportek (p: 03-6422828, 03-6990307)

#### SHOPPING CENTERS

The Ramat Aviv Mall (p: 03-6426612) is a five minute walk from the University's main gate (40 Einstein Street). There are large supermarkets and two levels of shops, restaurants, cafés, and cinemas in the mall.

Shopping centers in Tel Aviv:

- Dizengoff Center, 50 Dizengoff St. (p: 03-6212416)
- Azrieli Center, off the Ayalon Freeway (p: 03-6081400)
- Gan Ha'ir, 71 Ibn Gvirol St. (p: 03-5279111)

Tel Aviv has a number of colorful and lively bazaars, or open-air markets, which are open from early morning to early evening, Sundays through Fridays. While it is less customary to bargain on food prices, it is acceptable to try for a discount on clothes and housewares. The word in Hebrew for bazaar, or open-air market, is *shuk*.

- **Shuk Hacarmel:** The largest and best market for fresh fruit and vegetables, cheese, meat, Asian and other specialty foods, cleaning supplies, inexpensive clothes, and many other items. Corner of Allenby and King George.
- **Nahalat Binyamin:** An arts and crafts market held every Tuesday and Friday with live music and entertainment. On the Nahalat Binyamin pedestrian-only street, right off Allenby Street and parallel to Shuk Hacarmel.
- Shuk Bezalel: Discount clothes. Off King George St., very close to the corner of Allenby Street.
- Levinsky Street: A wonderful street market for spices, nuts, dried fruit, etc.
- Flea Market (Shuk Hapishp'shim): Second-hand clothes, furniture, and general household items. Located in Jaffa.

#### RELIGIOUS LIFE ON & OFF CAMPUS

Tel Aviv University is host to a diversity of students from various ethnic and religious backgrounds. It is the policy of the University to respect all religious beliefs – no student will be penalized for absence due to religious observance, and alternative arrangements will be sought to satisfy the academic requirements involved. Please consult your program's coordinator regarding any questions or issues you might have.

#### Hillel

Hillel, the Foundation for Jewish Life on Campus, is a student-run organization that provides a variety of programming on college campuses around the world. Throughout the school year, TAU Hillel offers events in English and Hebrew that are open to all regardless of religion or nationality. For more information regarding Hillel, please click <a href="here">here</a>.

#### **Judaism**

- Conservative/Masorti: Kehilat Sinai, Tel Aviv or The New Kehila, Ramat Aviv
- Orthodox: Rabanut (Hebrew)
- Progressive/Reform: Beit Daniel, Tel Aviv

#### **Christianity**

- Lutheran: Immanuel Church, Jaffa (English services)
- Roman Catholic: St. Peter Church, Jaffa (English, Italian, Spanish, Polish, and German services) or St. Anthony of Padua Church, Jaffa (English and Arabic services)
- Greek Orthodox: St. Michael Church, Jaffa (Greek services) (p: 03-6823451)

#### Islam (Sunni)

- Al-Ajami Mosque, Jaffa
- Mahmoudiya Mosque (Great Mosque), Jaffa
- Al Bahr Mosque, Jaffa
- Hassan Bek Mosque, Tel Aviv

#### ADDITIONAL ONLINE RESOURCES

#### **Resources for Tourists**

Tourist Israel
Visit \ Tel Aviv
TripAdvisor: Tel Aviv Tourism
Time Out Israel
Ministry of Tourism
Tel Aviv City
Tel Aviv Guide

#### News/Media

<u>Haaretz</u> <u>Jerusalem Post</u> <u>Times of Israel</u> <u>Ynet</u>

#### Maps

Interactive Map of Israel

# STUDENT HANDBOOK

# THE SUMMER INSTITUTE OF ADVANCED EPIDEMIOLOGY AND PREVENTIVE MEDICINE

July 10-22, 2016

#### **Program Directors**

Dani Cohen, PhD, MPH

Co-Director

School of Public Health

Tel Aviv University

Tamy Shohat, MD, MPH

Co-Director

School of Public Health Tel Aviv University

Jonathan Zenilman, MD

Co-Director

Schools of Medicine and Public Health

Johns Hopkins University

#### **Contact Information**

Ms. Zoe Blatt or Mr. Michael Brik

Program Coordinators, Summer Institute of Advanced Epidemiology and Preventive Medicine

p: +972 (3) 640-8572

e: summersph@post.tau.ac.il

Summer Institute / School of Public Health

