Sackler Faculty of Medicine
Tel Aviv University

NOTE CHANGE IN DATE: 1.5.23

The Faculty of Medicine
We are HEALTH event
Taking care of ourselves

The Faculty of Medicine is starting a new campaign –'We are Health' to ensure that our community is taking care of ourselves – students, faculty and staff!

MONDAY, May 1, 2023 | 10:00-12:30

Grass Area Outside Faculty of Medicine Buildings, Tel Aviv University

(Preregistration requested >>)

Featuring

Pilates | Mindfulness | Walk/run | Grip strength | Jumps
Balance | Cycling | Anti-smoking and more!

'We are Health' Taskforce

Karen Avraham, Rachel Dankner, Yftach Gepner, Michal Gilboa, Lee Harel, Israel Halperin, Chagi Pick, Sigal Portnoy, Keren Shatzman, Alana Sisam, Ricardo Tarrash

Healthy Longevity Research Center
Tel Aviv University

BioMed@TAU

Sylvan Adams Sports Institute
Tel Aviv University