

# **THE FIRST SHEBA LONGEVITY CONFERENCE**

May 10-11 2023 | Sheba Medical Center | Tel Aviv

# AGENDA

## DAY 1 Wednesday - May 10 - 2023

08:00 - 08:30	RECEPTION AND WELCOME (EXHIBITION AREA)
08:45 - 09:50	OPENING CEREMONY OF PUBLIC ACADEMIC HOSPITAL LONGEVITY CENTER AT SHEBA HOSPITAL
	<ul> <li>8:45-8:55 - Prof. Tzipora Strauss, Head of the Sheba Longevity Center Prof. Evelyne Yehudit Bischof, MD, Human Longevity Inc. Shanghai University of Medicine and Health Sciences. Co-director of Sheba Longevity Center</li> <li>8:55-9:10 - Speech by a national representative</li> <li>9:10-9:40 - Speech by a special guest of honor</li> <li>9:40-9:50 - Prof. Yitshak Kreiss, Director of the Sheba Medical Center</li> </ul>
09:50 - 10:20	COFFEE BREAK
10:20 - 12:20	SESSION 1: GEOSCIENCE TO CLINIC - MOVING FROM HEALTHY AGING RESEARCH TO CLINICAL PRACTICE
	<ul> <li>10:20-10:50 - Aging, Cellular Senescence, and Senolytics: The Path to Translation</li> <li>Prof. James Kirkland MD, PhD, Noaber Foundation Professor of Aging Research Director, Robert and Arlene Kogod Center on Aging, Mayo clinic USA</li> <li>10:50-11:20 - How to die old in a very young age?</li> <li>Prof. Nir Barzilai, Albert Einstein College of Medicine, USA</li> <li>11:20-11:50 - Maintaining healthy longevity by SIRT6</li> <li>Prof. Haim Cohen, The Goodman faculty of life sciences, Institute of Nanotechnology and Advanced Materials, Bar-Ilan university, Israel</li> <li>11:50-12:20 - Caloric Restriction: From Calories to Fasting Times</li> <li>Prof. Rafael de Cabo, NIA-NIH, USA</li> </ul>
12:20 - 13:05	<ul> <li>SESSION 2: GLOBAL LONGEVITY- INTERNATIONAL COLLABORATIONS, FOUNDATIONS AND SOCIETIES IN LONGEVITY</li> <li>Moderated Panel Debate: Prof. Evelyne Yehudit Bischof, MD, Human Longevity Inc. Shanghai University of Medicine and Health Sciences. Co-director of Sheba Longevity Center</li> <li>Prof. Sharon Alroy-Preis, head of public health services at the Israeli Health Ministry</li> <li>Dr. Christine Huang, HK Longevity Center and AI Quantum Institute.</li> <li>Brenda Kgomotsego Ramokopelwa, CEO TAFFD's, Co-Founder Afrolongevity, South Africa.</li> <li>Dr. Wei-Wu He, PhD, MBA Executive Chairman and CEO of Human Longevity, China.</li> <li>Prof. Andrea Maier, Oon Chiew Seng Professor, Co-Director Centre for Healthy Longevity, National University of Singapore; Professor of Gerontology, Vrije Universiteit Amsterdam</li> </ul>
13:05 - 13:50	LUNCH BREAK (EXHIBITION AREA)
13:50 - 14:15	<ul> <li>13:50-14:15 - Sheba Longevity Center Vision Mission Goal Uniqueness</li> <li>Prof. Tzipora Strauss, Head of the Sheba Longevity Center</li> <li>Prof. Evelyne Yehudit Bischof, MD, Human Longevity Inc. Shanghai University of Medicine and Health Sciences. Co-director of Sheba Longevity Center</li> </ul>
14:15 - 16:15	<ul> <li>SESSION 3: LONGEVITY TECHNOLOGY TO LONGEVITY CLINIC</li> <li>14:15-14:45 - From aging research to therapeutics for age-related diseases</li> <li>Prof. Thomas Rando, director of UCLA Broad Stem Cell Research Center, director of the Glenn Center for the Biology of Aging and deputy director of the Stanford Center on Longevity, USA.</li> <li>14:45-15:15 - A case study of the application of Pharma.Al platform for discovery and development of dual-purpose therapeutics targeting aging and disease.</li> <li>Dr. Alex Zhavoronkov, PhD, Founder and CEO, Insilico Medicine</li> <li>15:15-15:45 - Personalized medicine based on deep human phenotyping</li> <li>Prof. Eran Segal, Department of Computer Science and Applied Mathematics at the Weizmann Institute of Science, Israel</li> <li>15:45-16:15 - Longevity medicine therapeutics: applied geroprotective interventions, drug repurposing and discovery, RCTs.</li> <li>Dr. Joan Mannick, Co-Founder and CEO, Tornado Therapeutics</li> </ul>
16:15 - 16:30	WINNERS OF THE POSTER AWARD COMPETITION AND SHORT PRESENTIONS

# DAY 2 Thursday • May 11 • 2023

### 08:00 - 08:30 **GATHERING (EXHIBITION AREA)**

08:30 - 09:35

### **SESSION 1: LONGEVITY MEDICINE - PRACTICING LONGEVITY MEDICINE**

### 8:30-9:00 - Evidence based interventions to prolong health and lifespan in humans

• Prof. Andrea Maier, Oon Chiew Seng Professor, Co-Director Centre for Healthy Longevity, National University of Singapore; Professor of Gerontology, Vrije Universiteit Amsterdam

### 9:00-9:20 - What is needed to translate geroscience into the clinic?

• Prof. Evelyne Yehudit Bischof, MD, Human Longevity Inc. Shanghai University of Medicine and Health Sciences. Co-director of Sheba Longevity Center

### 9:20-9:35 - Longevity practice and education

• Prof. Sara Bonnes, Mayo clinic, USA

### 09:35 - 10:15 SESSION 2: ACADEMIA, EDUCATION AND THE PUBLIC -

	<ul> <li>Moderated Panel Debate: Prof Tzipora Strauss Head of the Sheba Longevity Center</li> </ul>
	• Prof. Karen Avraham, Dean of Faculty of Medicine, TAU, Israel
	<ul> <li>Prof. Shulamit Michaeli, Vice President of Bar-Ilan university ,Israel</li> </ul>
	Orit Shahar, the Joint foundation, Israel
	• Dr. Ilia Stambler, PhD, Vetek (Seniority) Association – the Movement for Longevity and Quality of
	Life, Israel.
	Garri Zmudze - Longevity Science Foundation - Miami/ Switzerland
10:15 - 10:45	COFFEE BREAK
10:45 - 13:15	SESSION 3: LONGEVITY INNOVATIONS AND FACTS - THE WHAT AND WHY
	10:45-11:15 - A Novel DNA Methylation Clock Resilient to Changes in Immune Composition
	• Prof. Eric Verdin, Director of Buck Institute, USA
	11:15-11:45 - Extracellular matrix homeostasis and healthy longevity: Mechanistic insight,
	translational, and medical opportunities
	• Prof. Collin Ewald, Eidgenössischen Technischen Hochschule Zürich, Switzerland
	11:45-12:15 - Evidence of enhancing brain function using unique technologies
	• Prof. Amir Amedi, founding director of The Baruch Ivcher Institute For Brain, Cognition &
	Technology & The Ruth and Meir Rosental Brain Imaging Center. Reichmann university, Israel
	12:15-12:45 - Does green-MED diet promote longevity ? The DIRECT PLUS trial
	• Prof. Iris Shai, Professor of Nutrition and Epidemiology at Ben-Gurion University
	and Harvard University, USA
	12:45-13:15 - Back to the Future- Nutrition in 2050
	• Dana Weiner, director division of nutrition, Shseba medical center, Israel
13:15 - 14:15	LUNCH BREAK
14:15 - 16:05	CONTINUING SESSION 3: LONGEVITY INNOVATIONS AND FACTS -
	THE WHAT AND WHY
	14:15-14:45 - Leveraging technology for healthy aging with diabetes
	<ul> <li>Prof. Tali Cukierman-Yaffe, Head of the Centre for Successful Aging with Diabetes at the Sheba</li> </ul>
	Medical Center, Head of the Endocrinology & Diabetes Service for women and pregnancy,
	Sheba medical center, Israel
	14:45–15:15 - The regenerative effects of hyperbaric oxygen therapy
	• Prof. Shai Efrati, director of the Sagol center for hyperbaric medicine and research,
	Yitzhak Shamir Medical Center, Israel
	15:15-15:45 - Loss of hormones with age and their importance for longevity
	Prof. Jaron Rabinovici, Department of Obstetrics and Gynecology,
	Sheba medical center, School of public health Tel-Aviv University
	15:45-16:05 - A never too late attitude – nutrition and longevity among the oldest old
	• Dr. Abigail Goshen, Head of research and development, Sheba Longevity Center, Israel
16:05 - 17:05	SESSION 4: "INNOVATIONSTRY"- INNOVATION INDUSTRY AND VENTURE
	CAPITAL MODERATED PANEL DEBATE
	• Moderator: Prof. Eyal Zimlichman, Chief Transformation Officer and Chief Innovation
	Officer at Sheba Medical Center. Director and Founder of ARC Innovation
	Sergey Jakimov - Founding partner of LongeVC
	Dr. Noam Maoz-Chief Technology Officer of Centarix
	• Dr. Rob Konard Maciejewski – Co-Founder and Chief Operation Officer of Biolytica
	Dr. Gil Blander- Founder and Chief Scientific Officer of InsideTracker
	Nikolina Lauc- Co-Founder and Chief Operation Officer of GlycanAge
17:05 - 17:20	CLOSING CEREMONY
	• Prof. Tzipora Strauss, Head of the Sheba Longevity Center

• Prof. Evelyne Yehudit Bischof, MD, Human Longevity Inc. Shanghai University of Medicine and Health Sciences. Co-director of Sheba Longevity Center

